NEXT GENERATION SANDWICHES
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NATURAL BEAUTIES
WINSLET AND WEISZ FORM ANTI-COSMETIC SURGERY LEAGUE {page 18}

HUDSON WEIGHS IN
MORE PROUD OF POUNDS SHED THAN HER OSCAR
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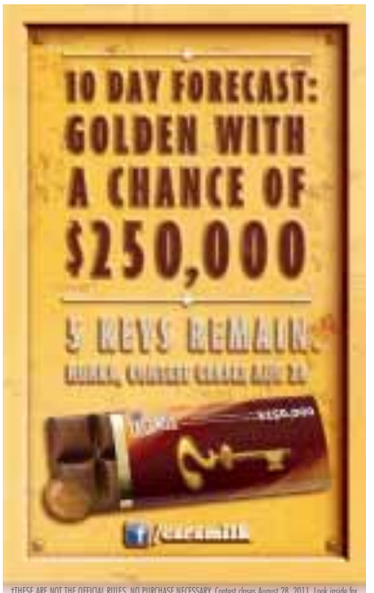

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News worth sharing.

Walk. The line

▶ A participant dressed as the Green Lantern rappels from the 17th floor of the RBC building Thursday as part of the SMD Foundation/Easter Seals Drop Zone fundrasier.

ELISHA DACEY/METRO

Drop a many storied thing

The SMD Foundation/Easter Seals Drop Zone, which featured almost 100 people swallowing their fear to walk down the side of a downtown building, is expected to raise more than $140,000 for the charity supporting disabled Manitobans.

Teen ignites concern, again

◗ Journal had homemade bomb diagrams ◗ Gunpowder seized

A Winnipeg teen who talked of blowing up a Winnipeg high school using homemade bombs, and who wrote disturbing theories about "total war," is back in the hot seat after flashing a knife at a separate school.

The 16-year-old boy appeared in court Thursday to face the music for violating a sentence condition that he not have or carry any weapons.

He was convicted last fall of uttering threats in connection to a bizarre scenario at the school. The details of what happened have never been made public.

Metro Winnipeg is not identifying the school as it may identify the teen, which is forbidden under Canadian youth justice laws.

School officials called police after a guidance counsellor raised concerns about bullying when the boy made a threat to kill a fellow student, Crown attorney Susan Baragar said.

"There (were) indications that (he) had been planning on — or at least writing about — making bombs and blowing up the school."
CROWN ATTORNEY SUSAN BARAGAR

The counsellor handed over a journal to officers containing "pages and pages" of "very disturbing" writings, she said.

The boy's scribblings included theories about "total war" advanced by a war strategist, along with the names of the two students who committed the 1999 mass shootings at Columbine High School in Colorado, the prosecutor said.

When police went to talk with the teen's friends, they were told he once spoke of detonating a bomb in the school's furnace room. The bombs would use gunpowder to ignite, Baragar said.

However, there was nothing to suggest he would have done anything to set the plan in motion, she said. "He never went beyond telling people," said Baragar.

The boy was rearrested in January after turning up at his new school and showing a fellow student a knife with a four-inch blade.

He contended he had put on his brother's sweatpants to wear to school that morning and mistook the weapon for a cellphone.

No one was injured and the knife was confiscated. However, the teen was rearrested and charged.

Defence lawyer Bonnie Gembey said the boy is "quite remorseful" for the situation and knows how bad it looked to school staff given his prior run-in with the law.

"Nobody was harmed. It was a very, very, poor decision … he recognizes it would have been alarming to people," she said.

Wyant sentenced him to 25 hours of community service for the breach. ● **JAMES TURNER**

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1 news

More species are fleeing global warming by migrating north quicker: Study.
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To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Mike Benhaim counts down the sweetest power ballads from the most snarling rock bands. More at metronews.ca/backbeat

Hell, no — he ain't no angel

Sentence too restrictive, missed kids' birthday parties, man tells court

JAMES TURNER
@METRONEWS.CA

A former Hells Angels associate recently given a major break after a judge agreed to relax conditions of his house arrest is back behind bars and accused of staying out past a court-ordered curfew.

Michael Bandusiak is now facing the prospect of his conditional sentence for drug-trafficking and possession of goods obtained by crime being converted to real jail time if he's convicted of the alleged breach.

Bandusiak was picked up at 10 p.m. Monday in the 1900 block of Elgin Avenue West and taken to the Winnipeg Remand Centre, where he's being held, police said Thursday.

The warrant for his arrest was issued Aug. 9, after an alleged curfew breach two days earlier, court records show. Police didn't comment on the circumstances that led to the arrest, saying they had little information about it.

Bandusiak made a brief court appearance Thursday and his case was put over until next Monday afternoon.

The first year of his sentence included a 24-hour curfew, which only allowed him to leave the house for things like work, medical or legal appointments.

The Crown initially asked for Bandusiak to serve three years in prison, and also fought the changes to his conditional sentence. WITH FILES FROM TORSTAR NEWS SERVICE

Shoot. 'Em up

▶ Police gather evidence from a parking lot next to an Ingersoll Street four-plex that was shot up on Thursday morning. No one was hurt and no arrests have been announced.

JAMES TURNER/METRO

Organized crime unit investigates

News in brief

Another arson

SELKIRK AVE. Winnipeg Police said they were called to a vacant home on Selkirk Avenue just before 7 p.m. Wednesday. A fire was working its way through the two-storey home but was quickly extinguished. Damage is estimated at $25,000. The arson strike force is investigating. METRO

But Fido doesn't drive

WINNIPEG. The city is reminding dog owners that come Sept. 1, there will be zero-tolerance toward unlicensed dogs.

Owners of unlicensed dogs older than six months of age will face a fine of $250 plus court costs.

Licences are $27 for spayed or neutered dogs, and $62 for others. Licences can be bought online at winnipeg.ca or by calling 311. METRO

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Bracing for the cleanup

When the riverwalk finally emerges, the damage to it could be unprecedented.

Last winter was the first time the path was under ice, and this summer it broke the underwater record.

Forks CEO Paul Jordan said blocks along the walk might have shifted. "It's been a whole year underwater with an extremely strong current, so I'd be very surprised if there wasn't significant damage," he said.

Clearing off the silt, up to four feet thick, has already filled hundreds of truckloads, Jordan said. Water Stewardship predicts the five feet of water still above the riverwalk may be gone by Sept. 15. SEAN LEDWICH

Profits sinking at riverwalk

The Forks walkway still flooded ◐ Fewer pedestrians means lower sales for riverwalk shops

SEAN LEDWICH
WINNIPEG@METRONEWS.CA

The riverwalk at the Forks hasn't seen air since last September, and the result is fewer people strolling the area and spending their money.

"What I look for most is what's happening when the walk is open and then as soon as (the riverwalk) goes under … you can just see there's a drop," said Paul Jordan, CEO of the Forks.

Jordan didn't supply door numbers, but based on past counts he estimates 25,000 people arrive at The Forks via the riverwalk on a summer weekend.

Gord Cartwright, who has owned Splash Dash boat tours for 19 years, said his sales are down 40 per cent. High water keeps his charter boat and water busses parked, and he only runs four of six tour boats due to fewer walk-up customers.

SEAN LEDWICH/FOR METRO

▶ Gord Cartwright hoses down around the Splash Dash dock, the only available dock at The Forks, which is closed to public boats.

Tourists still come, he said — it's Winnipeggers who don't want to walk along roads that are missing.

"If you talk to the people in the shops they usually say anywhere from 15 to 20 percent they're down in sales if the walkway is not open," Cartwright said.

"Let's say if those 25,000 people on the weekend aren't coming here, and each one's spending five bucks when they do, it's a significant number."
PAUL JORDAN, CEO OF THE FORKS

Danny Laham, Mini Donut manager for 21 years, said he sugars fewer donuts during high water levels.

"A lot of people don't like driving to The Forks because of parking. It's more convenient to just walk down the riverwalk, plus they enjoy it more."

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JAMES TURNER/METRO

▶ From Arbocs to late-night service, readers have their say on how to make Winnipeg Transit better.

Oh, to be transit boss for a day ...

Winnipeggers speak out on ways to improve commutes

Metro Winnipeg, along with Metro editions across Canada, featured a three-day look at transit systems across the country this week.

Unfortunately, there wasn't room for the remarkable number of emails and tweets that we received, some with great ideas on how to make Winnipeg Transit better. Judge for yourself:

"Winnipeg Transit needs two things: Arbocs and another round of route creation. Arbocs are small, van-style buses which could replace the 30- to 40-foot buses on some routes. As for route creation, it would be nice to see the future CentrePort Canada get a few rush-hour routes."
Riley Morand

"My ideal system would see the diamond lanes and the no-stopping zones enforced, and I would make more priority lights. Also, I remember there used to be a sign asking people to 'Have Fare Ready.' I get so frustrated when someone is rummaging through their purse, pockets, backpack or whatever to find their fare.

Strollers should be folded up to make room for others that want to ride. Bicycles would not be allowed on the road during rush hour downtown or in the diamond lanes. I would create part of our huge sidewalks for them to use instead."
Donna Church

"One of my biggest beefs is overcrowding. Each new low-floor bus has 10-12 less seats than the high-floor types before the front ones are flipped up. The other biggest beef is strollers. They seem to have rights over everyone else on board, including the disabled and seniors. Other cites require that you fold strollers and their size is limited." **Pat Rogoski**

METRO

Transit tweets

@The_Eardrums: Late night service would be great. A cab from downtown #Winnipeg to the suburbs can double the cost of a night out. #transit

@simprov: Electric streetcars.

@thecornishone: Electronic timetables at every bus stop and buses would run every night until 2am. Actually would like buses to run 24-7!

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Police: Norwegian killer called two times

- Breivik tried to surrender twice, according to report
- First phone call came 26 minutes before the arrest

THE ASSOCIATED PRESS

▶ Anders Behring Breivik

The man behind the Norway attacks that killed 77 people last month hung up twice on authorities after calling to surrender during the shooting at a youth camp on Utoya island, police said Thursday.

The first phone call came 26 minutes before officers arrested Breivik, who identified himself as the commander in an anti-communist resistance movement, police said.

"I am at Utoya at the moment. I want to surrender," he said, according to a transcript distributed at a news conference.

Local police chief Sissel Hammer said "the operator took the conversation seriously and called back. No one answered."

Breivik called again one minute before being captured and asked to be transferred to the commander of the anti-terror police unit.

"I am a commander in the Norwegian resistance movement," the shooter said. "I have fulfilled my operation, so I want to ... surrender."

Once again, Breivik hung up, but he surrendered to police one minute later.

Anders Behring Breivik's lawyer Geir Lippestad told Norwegian daily Verdens Gang that the self-confessed killer said he shot at two groups of young people at Utoya and also fired over the lake in between two phone calls.

Police officials also said that based on information they received from calls about the shooting on the island, they believed at the time that two to five attackers were involved and that they had various weapons and explosives available.

Breivik detonated a car bomb outside government buildings in Oslo, killing eight, and then shot dead 69 others at the youth camp outside Oslo on July 22.

The last funeral for the victims who died from Breivik's shooting spree was held on Thursday.

THE ASSOCIATED PRESS

Riot. Aftermath

▶ Family members react on Thursday during a funeral service in Birmingham, England, for the three men killed in a hit-and-run attack during the recent riots.

MATT DUNHAM/THE ASSOCIATED PRESS

Hit-and-run left three dead

Three Muslim men were mowed down and killed on Aug. 10 in Birmingham when a car struck them at high speed. The trio had been with a larger group guarding a row of Pakistani-owned shops from looters.

Swiss to close loophole on underage prostitution

Switzerland is moving to close a legal loophole that has allowed prostitution of minors as young as 16 to go unpunished in the country.

The Swiss government says it has started consultations with parliament on a law to punish clients who visit under-18 prostitutes with up to three years imprisonment.

Switzerland is one of the few countries in Europe where paying 16- and 17-year-olds for sex is legal. THE ASSOCIATED PRESS

10

The proposed law also criminalizes encouraging of underage prostitution with a penalty of up to 10 years imprisonment.

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News in brief

MDs push MP

HEALTH. Hundreds of health professionals are urging rookie Conservative MP Kellie Leitch to speak out against Canada's controversial asbestos industry.
THE CANADIAN PRESS

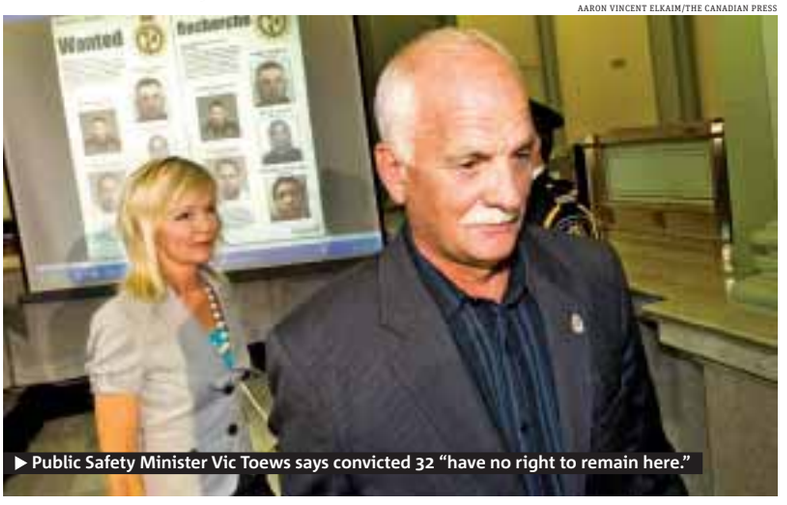
Air wing quits

FAREWELL. The Canadian air wing in Kandahar, a unit that helped boost counter-insurgency efforts, formally stood down Thursday in a brief ceremony.
THE CANADIAN PRESS

No hiding place for 32

Ottawa adds convicted immigrants and refugees to online wanted list
Toews: 'Those who believe they are above the law will find no leniency'

AARON VINCENT ELKAIM/THE CANADIAN PRESS



▶ Public Safety Minister Vic Toews says convicted 32 "have no right to remain here."

The federal government is expanding its online wanted list to include immigrants and refugees who have been convicted of serious crimes in Canada and are facing deportation.

The Canada Border Services Agency is adding 32 people to a new section of the "Wanted by the CBSA" page on its website, Public Safety Minister Vic Toews said Thursday.

The 30 men and two women on the list came to Canada through the immigration and refugee system and have permanent-resident status.

Toews said they have been convicted on charges with the legal designation of "serious criminality" — crimes with a sentence of more than six months which were committed here.

All are wanted on Canada-wide removal warrants, while many on the list could not be found after they finished serving time in custody. "They have been punished and they have no right to remain here," Toews told reporters in Toronto.

People on the list come from all over the world, including Latin America, Africa, China and Europe.
THE CANADIAN PRESS

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Airline to lose CEO

Germany's second-biggest airline, Air Berlin PLC, said Thursday its founder plans to quit as CEO after it announced plans to chop routes amid losses that it blamed on high fuel prices, a new aviation tax and sagging demand for travel to North Africa.

Joachim Hunold, who founded Air Berlin in 1991, plans to offer his resignation effective Sept. 1, Air Berlin said.

He recommended that Hartmut Mehdorn, a former chief executive of Germany's national railway, become his interim successor.

Air Berlin announced Hunold's departure shortly after it released weak second-quarter results and disclosed a program of cutbacks.

THE ASSOCIATED PRESS

Raised. Fists

▶ An unidentified student protests the working conditions at a Hershey Co. warehouse operated by Exel in Palmyra, Pa., on Wednesday.

JOHN C. WHITEHEAD/THE PATRIOT-NEWS/THE ASSOCIATED PRESS

Demands for their freedom

About 150 students picketed outside a Hershey's distribution centre protesting low wages, unpleasant conditions and a lack of the cultural outreach they expected from a program that was pitched as a way to see America.

13th arrest in hacking scandal

British police made their 13th arrest Thursday in the phone-hacking scandal against the News of The World tabloid. A 38-year-old man was arrested and released on bail, police said. Reports saying the suspect was James Desborough, a former News of the World editor, are not confirmed.

THE ASSOCIATED PRESS

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‘Dark pool’ market coming to Canada

Goldman Sachs is set to launch a new stock exchange in Canada that would anonymously match buyers and sellers of TSX-listed equities, also known as a “dark pool” market, the Wall Street investment bank said Thursday.

Broker-dealers, hedge funds and institutions would subscribe to the alternative trading system, called SIGMA X Canada. Goldman Sachs provides similar trading in the United States, Europe and Asia.

Dark pools allow institutional investors to move large blocks of shares without having to publicly reveal who they are.

“If word gets out that they are the buyers or the sellers, then that could impact on what the potential price might be,” said Stephen Foerster, finance professor at the Richard Ivey School of Business at the University of Western Ontario.

The move comes as competition in the stock market arena intensifies.

Maple Group Acquisition Corp. is in the middle of a $3.8-billion hostile takeover bid for TMX Group, operator of Canada’s major exchanges, including the TSX. The acquisition would be merged with Maple’s market operations, raising concerns about concentration.

“The good news is with Goldman coming in, at least that’s the possibility of more competition,” Foerster said.

THE CANADIAN PRESS

Dark side

- **While dark pools** have obvious benefits to pension funds, hedge funds and other large sources of private capital, there are concerns about how much information would then be available to the wider market, if buyers and sellers are anonymous.

Market moment

PRICES AS OF 5 P.M. THURSDAY

TSX	Dollar
- 392.9 (12,186.71)	- 0.90¢ (101.17¢ US)
Oil	**Natural gas**
- $5.20 ($82.38 US)	1,000 cu ft $3.892 US (- 4.1¢)
	Gold contract $1,822 US (+ $28.20)

GREGORIO BORGIA/THE ASSOCIATED PRESS

▶ Pope Benedict XVI walks with young people through the Puerta de Alcala in Madrid on Thursday. Benedict is on his third trip to Spain as pope, for World Youth Day.

Look beyond profits: Pope

Economy ‘needs an ethical reason to work for mankind’ Youth must be considered, Benedict says

Pope Benedict XVI denounced the profit-at-all-cost mentality that he says is behind Europe’s economic crisis as he arrived in hard-hit Spain on Thursday, and said ethics must play a greater role in formulating economic policy.

Benedict made the comments as he travelled to Madrid for World Youth Day, a weeklong Catholic festival that is taking place against a backdrop of the European debt crisis and social unrest among the young that exploded in the recent riots in Britain. He said the sense of desperation among young people proves that ethics have been left out of economic policy.

“Man must be at the centre of the economy, and the economy cannot be measured only by maximization of profit but rather according to the common good.” POPE BENEDICT XVI

Benedict arrived in a cloudy Madrid to a boisterous welcome from young people with their faces painted the colours of the Spanish flag.

In a speech delivered on the tarmac at Barajas airport, Benedict referred to the precariousness many young people see in their future. Unemployment in Spain is nearly 21 per cent, the highest in the eurozone.

THE ASSOCIATED PRESS

The new patent ‘arms race’

In the cutthroat world of high technology, it isn’t just hardware and software that companies are using to wage war against rivals. Patents have become a mallet wielded by corporations to pummel their competitors. Google Inc. announced on Monday that it will pay $12.5 billion US for 17,000 patents owned by Motorola Mobility Holdings Inc., to shield companies that make phones based on Google’s Android software from lawsuits. Patents no longer represent ideas but have become legal weapons, industry watchers say. THE ASSOCIATED PRESS

Princess. Dollies

▶ Abbey Chan holds Prince William and Princess Catherine dolls as they go on sale in a department store in London on Thursday. The dolls sell together for about $164 Canadian.

ALASTAIR GRANT/THE ASSOCIATED PRESS

Move over, Barbie and Ken

YOU KNOW YOU CAN SPELL 'I DO' IN LESS THAN 140 CHARACTERS

THE METRO LIST

NEIL MORTON
METRO

1 **Solar flares:** An article in TheWeek.com suggested solar flares, of all things, could be partly to blame for causing people to go off the deep end in the London riots. Seems some scientists suggest these "geomagnetic storms" could have caused the unrest that week, as there is some evidence they impact human behaviour. Everything I did wrong that week I now unapologize for.

2 **Dads on vacation:** This Tumblr blog (dadsonvacation.Tumblr.com) could really catch on. It's simply awkward pictures submitted of dads posing on vacation with landmarks and such. Think of it as a spinoff of the hilarious site AwkwardFamilyPhotos.com. All that's needed now is a site for moms to post pictures of themselves from Girls Nights Out. Actually, those should maybe stay in the vault.

3 **Brett Lawrie:** Remember that name. Because the 21-year-old pride of Langley, B.C., will become a household name. He may be the most hyped Toronto Blue Jay of all time, but when you're a hard-nosed Canuck with amazing raw talent playing on the only Canadian MLB team, that's to be expected. He's a grand slam. All-star appearances, MVP awards, World Series rings all to come.

4 **Tara Reid engaged! No! Married!:** Tara Reid tweeted over the weekend that she was in Greece and engaged to beau Zack Kehayov. Hours later, she tweeted she had married now-husband Zack Kehayov. We thought long courtships were the way to go to make sure the fit was there, but now whirlwind romances that you tweet about will be all the rage. Not.

5 **Kate Gosselin cancelled:** Good riddance. TLC announced this week that Kate Gosselin's reality show Kate Plus 8 will be shuttered after this season. The show reached its peak around the time the marriage of Kate and Jon was melting down before our eyes when the show was Jon & Kate Plus 8. As a Gawker.com post commented, "(the kids) know not the craven greed machine they were plugged into."

6 **Blake Griffin:** NBA superstar Blake Griffin might have delivered the tweet of the week to his 460,000 followers: "Accidentally hit a squirrel yesterday in my car. Feel so guilty I could barely sleep. Casey Anthony is a monster." Enough said.

7 **Teen vampire:** A 19-year-old dude in Texas broke into a complete stranger's apartment on the weekend and began making "growling and hissing noises" while "biting and hitting" her. When apprehended, the kid told police, "I'm a vampire, and I've been alive for over 500 years." Or he's just watched Twilight one too many times.

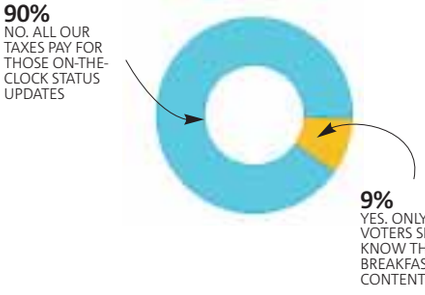
8 **Will you YouTube me?:** Windsor, Ont.'s Colleen Freker thought she was going to a retirement party last Saturday. She was actually going to her own wedding, planned by her beau Shawn Lippert. And it was all caught on film and susequently posted to YouTube, where it now has more than 200,000 views. Thank God she said yes.

Follow Neil Morton on Twitter (@neilmorton).

Panel

Register at metropolitanpanel.ca and take the quick poll

Should politicians be allowed to bar people with opposing views from their Facebook page?


90%
NO. ALL OUR TAXES PAY FOR THOSE ON-THE-CLOCK STATUS UPDATES
9%
YES. ONLY LOYAL VOTERS SHOULD KNOW THEIR BREAKFAST CONTENTS

Local tweets

- **@ce20:** Winnipeg Jets will be aired on @hockeynight in Canada 22 times this year! #gojetsgo
- **@pensexperience:** I like how Hockey Day in Canada 2012 includes Edmonton at Ottawa, Montreal at Toronto and Vancouver at Calgary and Winnipeg at Pittsburgh.
- **@JamesinKamloops:** Glad to see Winnipeg Jets' home opener vs. Montreal will be broadcast nationally on CBC. Consolation prize for not being able to attend.
- **@Ktruls:** Whoever created Winnipeg roads were definately high and/or intoxicated #wherearewegoing
- **@MyMellyGirl:** Thinks winnipeg dog licensing fees are crazy ! GOT TO PAY CITY 62 bucks JUST SO THEY KNOW YOU HAVE A DOG! RIDICULOUS
- **@JosephRanseth:** @Jacob-Nordby I've been in Winnipeg for most of the summer...and loving it. We'll see how long the good weather holds out. ;)
- **@alysonshane:** Just saw someone get mugged in Portage Place, but was on the other side of the mezzanine and couldn't get there fast enough :(#Winnipeg

Worth Mentioning

NHL. Changes are coming to NHL arenas this fall even though the league didn't emerge from its two-day research-and-development camp with any significant rule recommendations.

When the puck drops on a new season in October, each of the 30 arenas around the league will feature a curved spring-loaded glass stanchion between the benches to protect players. There will also likely be a series of minor changes made around the net to assist with video-review calls.

The new glass stanchions are designed to prevent incidents like the one that saw Montreal Canadiens forward Max Pacioretty suffer a concussion last season after being hit by Boston Bruins defenceman Zdeno Chara and slamming into the boards between the benches.

The new design of net comes with a 40-inch frame as opposed to the traditional 44 inches. It also features a clear plastic strip along the top, thinner mesh and a built-in high definition camera — changes that should make the job easier for the league's video review room.

THE CANADIAN PRESS

Cartoon by Michael de Adder

WEIRD NEWS

The human brain, encoded into a series of 1s and 0s

Computers, like humans, can learn. But when Google tries to fill in your search box based only on a few keystrokes, or your iPhone predicts words as you type a text message, it's only a narrow mimicry of what the human brain can do.

The challenge in training a computer to behave like a human brain is technological and physiological, testing the limits of computer and brain science. But researchers from IBM Corp. say they've made a key step toward combining the two worlds.

The company announced that it has built two prototype chips that it says process data more like how humans digest information than the chips that now power PCs and supercomputers.

The chips represent a significant milestone in a six-year-long project that has involved some $41 million in funding from the government's Defence Advanced Research Projects Agency, or DARPA.

The uses of the IBM chips so far are prosaic, such as steering a simulated car through a maze, or playing Pong. It may be a decade or longer before the chips make their way out of the lab.

THE ASSOCIATED PRESS

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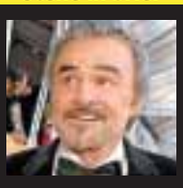
2 scene

Scene in brief



A bank is seeking to foreclose on Burt Reynolds' Florida home so that it can collect about $1.2 million for a mortgage.
The bank claims the Emmy Award-winning actor has not made a mortgage payment since Sept. 1, 2010 on the 12,500-square-foot house.
THE ASSOCIATED PRESS

Paris Hilton opens new store in Manila, mobbed by fans.

Plot synopsis

- Jim Sturgess and Anne Hathaway play friends who meet on July 15, 1988 and play romantic cat and mouse for almost the next 20 years. They spend most of their lives trying not to fall in love until one day, July 15th, no less, they take the leap.
- **Ratings:**
Richard: ●●●
Mark: ●½

▶ Jim Sturgess and Anne Hathaway star in One Day.

Reel Guys

RICHARD CROUSE & MARK BRESLIN
SCENE@METRONEWS.CA

A day full of gimmicks

- One Day moves too slow and its romantic premise feels contrived
- Crouse and Breslin butt heads over the chemistry of Hathaway and Sturgess

Richard: Mark, One Day is many things. It's a style parade of hair and clothes from the past two decades and it's an interesting take on how to tell a story but it's also a little disconnected. I think the year-by-year format — we drop in on Jim and Anne every July 15 for 20 years — is the culprit. It begins to feel gimmicky by the early '90s and by the millennium it almost feels as though it is playing out in real time.

MB: Finally, a movie that asks the question: What happens when an insufferable prig meets an egomaniacal twit? The answer is: very little, at least until 15 years has passed. In the '70s, there was a film and play called Same Time Next Year, which used a similar gimmick. In that film, a couple meet every year at the same time for a sexy romp, and slowly fall in love. In this movie, the couple start off with a romantic friendship, and then consummate the relationship after many years. And there, Richard, is the indisputable evidence of why the '70s was a much better time.

RC: Ha! I'll give you that this might have been a very different story had it been set in 1974, but I thought the decades-long dance they do as they pretend not to be in love showed the chemistry between the two. The film has some serious structural flaws but the spark between the two of them forgives many of the film's sins.

MB: Spark? What spark? I could barely see what they saw in each other. He's a jerk, at least until half the movie's over, and she's a puritan with bad taste in eyewear. And her accent is as fake as the rest of this sentimental travelogue through time. The movie did make London look very appealing, though, so I kept wishing that a neutron bomb would go off, wiping the cast from the screen and leaving all the gorgeous architecture intact.

RC: I clearly liked this more than you! I thought Sturgess brought an easy charm to the character, and his transformation from happy-go-lucky student to lounge lizard TV presenter is effective. Hathaway's appeal lies in the intelligence she brings to her characters. Here she plays a smarty-pants young woman set adrift in life, someone who is slowly finding the self confidence to be who she really wants to be. In Hathaway's hands you never doubt that she'll get there.

MB: Usually, I'd love to be in Anne Hathaway's hands. But not this time. And she wore the same T-shirt in bed in 1988 as she did in 1992. Did she ever wash that thing? Ewwww!

Paul Rudd is the ‘Idealistic’ idiot

Actor wreaks havoc on his sisters’ lives in new film

NED EHRBAR
SCENE@METRONEWS.CA
MWN IN HOLLYWOOD

Call it the Trouble with Hippies.

Paul Rudd’s new film, Our Idiot Brother, follows a hapless idealist (Rudd) who, after serving time for selling pot to a uniformed police officer, proceeds to crash with each of his three sisters (played by Elizabeth Banks, Emily Mortimer and Zooey Deschanel), wreaking havoc on their carefully constructed New York City lives in the process.

Rudd admits that, despite the damage Ned creates in the film, his outlook on life is admirable.

HANDOUT

▶ Paul Rudd stars in Our Idiot Brother.

“It’s an idealistic way to live,” he says. “I think we try and strive for that not judgmental, not cynical way of an open and honest way of living. The world doesn’t really function like that. Families don’t really function like that. It’s a balancing act.”

The trick to achieving the film’s believable bond between the siblings, Rudd insists, was not having any money to make the film.

“I’m sure it bummed them out a little bit sometimes, but we benefited from being a pretty low-budget movie and not having trailers and places for people to escape and be alone and forced everyone to hang out with each other all the time,” he says.

“It could have backfired and they could have hated each other, but luckily everyone really enjoyed each other.”

Everyone’s talking.
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HANDOUT

▶ Katie Holmes stars in Guillermo Del Toro's latest horror film, Don't Be Afraid of the Dark.

The Lady Holmes

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Joey Potter has grown up. The 31-year-old woman who became famous for that character on Dawson's Creek so many years ago, is now poised and unflappable as she sits in New York's Waldorf Astoria, sweetly answering questions about her latest film, Don't Be Afraid of the Dark.

Produced by the auteur of gore, Guillermo Del Toro, Dark centres around a young girl named Sally (Bailee Madison) who joins her father (Guy Pearce) and his new girlfriend (Holmes) to live at an old restored mansion, which, Sally learns, harbours some creepy ancient creatures who are dying for some company.

"They're like cockroaches but worse because they're slimy, so it's like half-maggot, half cockroach," Holmes says of the predatory homunculi.

Where the actress, who has been married to fellow actor Tom Cruise for five years this November, is heavy on charm — she even thanked us for coming out in the rain to support the film — she's light on candour. Holmes is one to, as we say in the business, "stick to the script" — not that we blame her.

"It was a real thrill to work with Guillermo," she says when asked how doing this movie compared with the horror movies she did earlier in her career.

"I loved the characters and the family dynamics that really bring the audience in. Then, all of a sudden something scary happens and you realize you're on this thrill ride."

Movie reviews | See it twice ◍◍◍◍◍ | See it now ◍◍◍◍

Worth watching ◍◍◍ | Yawn ◍◍ | Don't bother ◍

Spy Kids: All the time in the world in 4D
Genre: Action
Director: Robert Rodriguez
Stars: Jessica Alba, Jeremy Piven, Joel McHale
◍

When Alexa Vega, star of the original Spy Kids, pops up on-screen in Spy Kids 4 as a full-fledged adult, it will make you feel old. Yes, it's been 10 years since the first film, and while Robert Rodriguez's grasp of micro-budget effects has come a long way, his knack for kid-friendly stories hasn't. The jokes are groan-inducing even for the elementary school set, and the less said about the Aroma-Scope scratch-and-sniff cards given out the better, except to point out that nearly half of the smell cues are flatulence-related. While it might seem futile to critique the script of a movie like this, it's truly amazing that Rodriguez managed to work the word 'time' into almost every line of dialogue. The movie also features Jeremy Piven in multiple roles, which really should be enough of a red flag on its own, and Ricky Gervais as the voice of a robot dog that speaks exclusively in fart jokes and Ricky Gervais stand-up bits.

NED EHRBAR

Fright Night 3D
Genre: Comedy/Horror
Director: Craig Gillespie
Stars: Anton Yelchin, Colin Farrell, David Tennant
◍◍◍

Even if you're a devotee of director Tom Holland's original 1985 vampire comedy Fright Night, you might still be able to groove on Craig Gillespie's contemporary 3D remake. When Fright Night 3D comes into its own, adding new twists and relying on its novel setting and the strengths of its new cast and characters, only the most dour pundit would argue the movie is nothing short of a breath of fresh fetid air. In an age when many modern teens concepts of big screen vampires are the sparkly, pretty mopes in the Twilight films, the cruel, ravenous monsters on screen in Fright Night will be a rather rude — and necessary — awakening.

CHRIS ALEXANDER

Conan the Barbarian
Genre: Action
Director: Marcus Nispel
Stars: Jason Momoa, Ron Perlman, Rose McGowan
◍◍

The most impressive thing about Conan the Barbarian is star Jason Momoa's rear end, which can practically stand up on its own. The same, sadly, can't be said for Marcus Nispel's movie. It's a straight-forward revenge tale that jogs unenthusiastically from action set-piece to action set-piece, borrowing from enough of its predecessors to make the whole thing feel overly generic. The movie's first section, though, is killer, and the highlight is Conan as a boy, played by the ferocious Leo Howard. The resemblance to Momoa is striking, but Howard's barbarian is just that much more animalistic and feral. But when your hero is already a fearless warrior who can behead a whole gang of armed savages twice his size, where else can you possibly go with the character? The only real difference between Conan at the beginning of the movie and Conan at the end is that he's older and played by a different actor. Maybe an entire movie about a preteen barbarian would've been a better idea.

NED EHRBAR

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THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 19 TO THURS., AUG. 25. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

WINNIPEG

Cinema City McGillivray
2190 McGillivray Blvd., 204-269-9981

Bridesmaids (14A) Fri-Thu 1:20-4:15-7:10-10:10
Green Lantern (PG) Fri-Thu 12:45-4:10-7:10
The Hangover Part II (18A) Fri-Thu 1:30-4:20-7:10-9:40
Kung Fu Panda 2 3D (PG) Fri-Thu 12:20-2:40-5-7:30
Larry Crowne (PG) Fri-Thu 1:10-3:45-6:40-9:30
Limitless (14A) Fri-Thu 1:50-4:30-7:40-10:15
Midnight in Paris (G) Fri-Thu 12:25-3:10-6:30-9
Monte Carlo (G) Fri-Thu 1-3:40-6:20-8:50
Mr. Popper's Penguins (STC) Fri-Thu 12:30-2:55-5:30-8-10:25
Pirates of the Caribbean: On Stranger Tides 3D (PG) Fri-Thu 12:50-4-7:20-10:20
Thor 3D (PG) Fri-Thu 9:40
X-Men: First Class (PG) Fri-Thu 12:40-3:50-6:50-9:50
Zookeeper (PG) Fri-Thu 1:40-4:40-7:50-10:30

Cinema City Northgate
1399 McPhillips Street, 204-334-6234

Aarakshan (PG) Fri-Thu 1-4:35-8:05
Bridesmaids (14A) Fri-Thu 12:50-4-6:50-9:30
Green Lantern (PG) Fri-Thu 1:10-3:50-6:30-9:10
The Hangover Part II (18A) Fri-Thu 1:40-4:20-6:40-9:20
Kung Fu Panda 2 (PG) Fri-Thu 1:30-4:10-6:20-8:40
Midnight in Paris (G) Fri-Thu 1:20-3:40-6:10-8:30
Mr. Popper's Penguins (STC) Fri-Thu 12:40-3
Pirates of the Caribbean: On Stranger Tides (PG) Fri-Thu 6-9
Zookeeper (PG) Fri-Thu 1:50-4:30-7-9:30

Cinematheque
304-100 Arthur, 204-925-3457

No Films Showing Today (STC) Mon-Tue
Position Among the Stars (STC) Fri-Sat 7-9:15 Sun 7 Wed-Thu 7

City Cinema - Northgate
1399 McPhillips, 204-334-6234

Listings not available at press time.

Famous Players Kildonan Place
1555 Regent Ave W, 204-663-2166

30 Minutes or Less (14A) Fri-Thu 1:50-3:50-7:20-9:30
The Change-Up (14A) Fri-Thu 1:30-4:10-7-9:40
Final Destination 5 (18A) Fri-Thu 9:40
Harry Potter and the Deathly Hallows: Part 2 (PG) Fri-Thu 1:20-4-6:50
Rise of the Planet of the Apes (PG) Fri-Thu 1:30-4-6:30-9:10
The Smurfs (G) Fri-Thu 1:40-4:20-7:10-9:30
Spy Kids: All the Time in the World in 4D (STC) Fri-Thu 2-4:30-6:40-9

Grant Park 8 Cinemas
1120 Grant Ave., 204-453-4084

HANDOUT

▶ Action-comedy 30 Minutes or Less stars Aziz Ansari and Jesse Eisenberg.

30 Minutes or Less (14A) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:30-4:15-6:45-9:30 Dolby Stereo Digital, Stadium Seating Mon-Thu 4:15-6:45-9:30
Conan the Barbarian 3D (18A) Dolby Stereo Digital, Stadium Seating, Digital Fri-Sun 12:50-3:40-7:10-10:05 Dolby Stereo Digital, Stadium Seating, Digital Mon-Thu 3:40-7:10-10:05
Crazy, Stupid, Love. (PG) Dolby Stereo Digital, Stadium Seating Fri-Sun 12:30-3:30-6:55-9:40 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:30-6:55-9:40
Final Destination 5 (18A) Dolby Stereo Digital, No Passes, Stadium Seating Fri-Sun 10:15 Dolby Stereo Digital, Stadium Seating Mon-Thu 10:15
Fright Night 3D (14A) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:10-4:20-7:15-10:10 Dolby Stereo Digital, Stadium Seating Mon-Thu 4:20-7:15-10:10
Harry Potter and the Deathly Hallows: Part 2 (PG) Dolby Stereo Digital, Stadium Seating Fri-Sun 12:40-3:45-6:50 Dolby Stereo Digital, Stadium Seating Mon-Thu 3:45-6:50
The Help (PG) Stadium Seating, Dolby Stereo Digital Fri-Sun 12:20-3:20-6:40-9:45 Stadium Seating, Dolby Stereo Digital Mon-Thu 3:20-6:40-9:45
One Day (14A) Dolby Stereo Digital, Stadium Seating Fri-Sun 1-4-7-10 Dolby Stereo Digital, Stadium Seating Mon-Thu 4-7-10
Rise of the Planet of the Apes (PG) Dolby Stereo Digital, Stadium Seating Fri-Sun 1:20-3:50-7:05-9:50 Dolby Stereo Digital, Stadium Seating Mon-Tue 3:50-7:05-9:50 Dolby Stereo Digital, Stadium Seating Wed 3:50-9:50 Dolby Stereo Digital, Stadium Seating Thu 3:50-7:05-9:50

IMAX Theatre at Portage Place
Y003-393 Portage Avenue, 204-956-4629

Born to Be Wild 3D (G) Fri-Thu 12
Cars 2: An IMAX 3D Experience (G) Fri-Sun 2:30-6 Mon-Thu 6:15
Hubble 3D (G) Mon-Thu 2:30
Super Speedway (STC) Fri-Sun 4:45 Mon-Thu 5
The Ultimate Wave Tahiti 3D (STC) Fri-Sun 1:15-8:15 Mon-Thu 1:15-4

Landmark Globe Cinema
393 Portage Ave, 204-943-1583

Crazy, Stupid, Love. (PG) Fri 7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 7-9:30
The Help (PG) Fri 6:40-9:40 Sat-Sun 12:40-3:40-6:40-9:40 Mon-Thu 6:40-9:40
One Day (14A) Fri 7:15-9:50 Sat-Sun 1:15-3:50-7:15-9:50 Mon-Thu 7:15-9:50

Landmark Towne Cinema 8
301 Notre Dame Avenue, 204-947-2848

30 Minutes or Less (14A) Fri 4-7:15-9:15 Sat-Sun 1:30-4-7:15-9:15 Mon-Thu 4-7:15-9:15
The Change-Up (14A) Fri 4-6:45 Sat-Sun 1:30-4-6:45 Mon-Thu 4-6:45
Conan the Barbarian (18A) Fri 3:30-6:45-9:15 Sat-Sun 1-3:30-6:45-9:15 Mon-Thu 3:30-6:45-9:15
Cowboys & Aliens (14A) Fri-Thu 9:20
Final Destination 5 (18A) Fri 3:45-7:15-9:30 Sat-Sun 1:30-3:45-7:15-9:30 Mon-Thu 3:45-7:15-9:30
Fright Night (14A) Fri 3:45-7-9:30 Sat-Sun 1:15-3:45-7-9:30 Mon-Thu 3:45-7-9:30
Rise of the Planet of the Apes (PG) Fri 3:30-7-9:30 Sat-Sun 1-3:30-7-9:30 Mon-Thu 3:30-7-9:30
The Smurfs (G) Fri 3:45-7-9:15 Sat-Sun 1:15-3:45-7-9:15 Mon-Thu 3:45-7-9:15
Spy Kids: All the Time in the World in 4D (STC) Fri 4-7:15-9:20 Sat-Sun 1:15-4-7:15-9:20 Mon-Thu 4-7:15-9:20

SilverCity Polo Park
815 St. James Street, 204-774-1001

30 Minutes or Less (14A) Fri-Thu 1:45-4:20-7:45-10:10
Captain America: The First Avenger (PG) Fri-Tue 12:20-3:15-6:15-9:15 Wed 12:20-3:15-9:15 Thu 12:20-3:15-6:15-9:15
The Change-Up (14A) Fri-Sun 1:10-3:50-6:50-9:50 Mon 1:10-3:50-9:50 Tue-Wed 1:10-3:50-6:50-9:50 Thu 1:10-3:50-9:50
Conan the Barbarian 3D (18A) Fri-Thu 1:50-4:45-7:40-10:20
Cowboys & Aliens (14A) Fri-Tue 12:30-6:20 Wed-Thu 12:30
Crazy, Stupid, Love. (PG) Fri-Tue 3:40-9:30 Wed 3:40 Thu 3:40-9:30
Final Destination 5 3D (18A) Fri-Thu 4:10-10:30
Final Destination 5: An IMAX 3D Experience (18A) Fri-Thu 4-10:05
Fright Night 3D (14A) No Passes Fri-Tue 1:30-4:30-7:15-9:45 No Passes Wed 1:45-4:45-7:30-10 No Passes Thu 1:30-4:30-7:15-9:45
Glee the 3D Concert Movie (STC) Fri-Tue 1-3:10-6:40-9:10 Wed 1:15-3:25-6:55-9:25 Thu 1-3:10-6:40-9:10
Harry Potter and the Deathly Hallows - Part 2: An IMAX 3D Experience (PG) Fri-Thu 12:45-7
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Tue 12:50-6:30 Wed 1:05-6:30 Thu 12:50-6:30
The Help (PG) Fri-Tue 12:15-3:30-6:45-10 Wed 4-7:10-10:15 Thu 12:15-3:30-6:45-10 Star & Strollers Screening Wed 1
The Metropolitan Opera: Don Carlo Encore (STC) Wed 6:30
One Day (14A) Fri-Tue 12:40-3:20-7:30-10:15 Wed 12:40-3:20-6:40-10:15 Thu 12:40-3:20-6:45-10:15
The People vs. George Lucas (STC) Thu 7
Rise of the Planet of the Apes (PG) Fri-Thu 1:40-4:40-7:20-10:40
The Smurfs (G) Fri-Thu 1:20-4-7:10-9:40
Spy Kids: All the Time in the World in 4D (STC) Fri-Tue 1:15-3:45-7-9:20 Wed 1:15-3:45-7-9:25 Thu 1:15-3:45-7-9:20

SilverCity St. Vital
110-1225 St Mary's Rd, 204-256-3901

30 Minutes or Less (14A) Fri-Thu 1:10-4:10-7:50-10:20
Captain America: The First Avenger (PG) Fri-Thu 12:40-3:50-6:40-9:40
Conan the Barbarian 3D (18A) Fri-Thu 1-4-7:20-10:10
Cowboys & Aliens (14A) Fri-Wed 1:40-4:40-7:30-10:30 Thu 1:40-4:40-10:30
Crazy, Stupid, Love. (PG) Fri-Thu 12:40-3:30-6:30-9:20
Final Destination 5 3D (18A) Fri-Thu 12:50-3:20-7-9:30
Fright Night (14A) No Passes Fri-Thu 1:30-4:30-7:40-10:30
Harry Potter and the Deathly Hallows: Part 2: 3D (PG) Fri-Thu 12:30-3:40-6:50-10
Rise of the Planet of the Apes (PG) Fri-Sun 12:50-3:40-6:20-9:10 Mon 3:40-6:20-9:10 Tue-Thu 12:50-3:40-6:20-9:10 Star & Strollers Screening Mon 1
The Smurfs (G) Fri-Thu 1:20-4:20-7:10-9:50

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Actor steps into royal role

From Twilight to Camelot: Jamie Campbell Bower set to play the fabled King Arthur
Show imagines when Arthur was just a young boy 'thrown into a position of great power'

AMBER RAY
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Jamie Campbell Bower wonders if it's something other than his talents that helped him land roles in two of Hollywood's most successful fantasy film franchises — Harry Potter and the Twilight saga — not to mention the role of legendary King Arthur in the new Starz epic, Camelot.

"Maybe I have a look," he ponders about his career in the genre. "Do you think I have a look?"

After posing a few questions about tackling the iconic Arthur to the 22-year-old, we're pretty sure his appeal is more about charisma and confidence than just that smouldering stare.

What kind of king do you play in Camelot?

A child. Torn from his home, from everything he thought he knew, and thrown into a position of great power.

Our Arthur, to begin with, is scared and confused, but throughout the first season, and hopefully subsequent, he grows and develops into a man and into a true king.

How does he differ from other incarnations of the character?

Not many interpretations of the myth pick up the story [with Arthur as a boy]. People may have this preconceived idea of what King Arthur should be like — a big, bearded, brutish hero, but what we have done is add realism to the story.

If — because there is no factual evidence that this man existed — he did exist, Arthur would have been a boy at some point, and what episodic television allows us is the time to explore the realities of life and a development of character.

Did you have any apprehensions in bringing this legend to life?

Yes, of course. With great power comes great responsibility. It was terrifying for me but I love a challenge.

Have you experienced any criticism for your interpretation of Arthur? Fantasy fans can be a tough crowd.

Yes. I think there are critics out there who have, like I said before, a preconceived idea of who this character is and they are not willing to change that. The whole idea of our show is progression. It should be exciting to see this character grow. I suppose you can't please everyone.

Why do you think the fantasy genre is experiencing so much popularity right now?

Above anything, people want to be taken away from the monotony of daily life. They want to invest in characters. People want to be entertained. I don't think it's a genre thing per say — it should be all about story.

JONATHAN HESSION

▶ Jamie Campbell Bower, left, as Arthur and Peter Mooney as Kay in Camelot. The show airs Tuesday nights at 9 p.m. (9:30 NT) on CBC this fall.

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TV picks

GETTY IMAGES

▶ Rosie O'Donnell

Rosie takes on crusty Larry

VYING FOR FEMALE AFFECTION. Rosie O'Donnell returns to Curb Your Enthusiasm Sunday to continue her long-standing rivalry with crusty Larry.

This time they're competing for the same woman's affection.

Elsewhere, Larry probes a Japanese cultural tradition and turns down lunch with an acquaintance. (HBO Canada)

A day in the life of Canada

SOCIAL TIME CAPSULE. Sunday's two-hour documentary special 1 Day features a diverse group of Canadians from across the country whom CBC cameras followed from midnight to midnight on April 30, 2011.

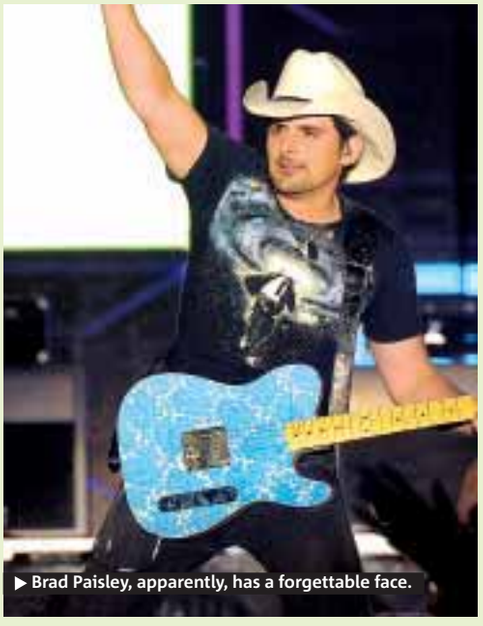
During that 24-hour period, they relate what is happening in their lives that day, and in their own words. The idea is to paint a portrait of Canada on one day and deliver a social time capsule of sorts. (CBC)

Buying friends and partying

TWENTY-SOMETHING TRAUMAS. On Friday's Friends With Benefits, Sara asks Aaron to bid on her at a charity bachelorette auction so she won't have to date a nerdy co-worker.

Meanwhile, Ben is accused of sexual harassment at work after he uses a suggestive phrase, and Fitz tries to hide a wild night of partying from his new girlfriend. (NBC)

THE CANADIAN PRESS



▶ Brad Paisley, apparently, has a forgettable face.

WOULD YOU KNOW HIM?

COUNTRY MUSIC STAR NOT RECOGNIZED AT OWN GIG

While U.K. fans go wild for Brad Paisley on stage, backstage it's a different matter. The U.S. country star kicked off the European leg of his world tour Wednesday night at London's O2 Arena and had two sold-out shows there last year. But the Country Music Awards Entertainer of the Year says he's not famous enough yet in Europe that everyone recognizes him, even backstage at his own show.

"I'm getting asked everywhere ... if I belong here, you know, 'Excuse me sir, do you have a pass?' ... (even at) my own gig!" he said before the concert.

Luckily, Paisley doesn't take offence and even enjoys anonymity.

THE ASSOCIATED PRESS

DO YOU WANT TO GO FASTER?

SOUND CHECK

ALAN CROSS
SCENE
@METRONEWS.CA

Here in Southern Ontario, the End Times for summer is heralded by the opening of the Canadian National Exhibition. And no visit to the CNE was complete without a ride on that ride with that guy who was always yelling "DO YOU WANNA GO FASTER?" while the music pounded. Even though the cars and walls were encrusted with centrifugally applied vomitus, I just had to give it a whirl, even though I knew the little donuts would soon be liberated from my digestive tract. A big draw for me was the music. Some unseen DJ spun the tunes from a booth somewhere in the back. He, the ride, and the fact that physics was about to push me very tightly against whatever girl was sitting next to me made even the lamest songs — You Sexy Thing by Hot Chocolate comes to mind — seem unbelievably exciting. So,I decided to conduct an experiment in crowdsourcing. I posted this question on my Facebook and Google+ pages to see how this would work as an investigation into social music: What song do most associate with that ride?

Talk about striking a nerve. After 10 minutes, I had 50 replies. Metal from the '80s seemed to be the big favourite. Once that bassline started, you knew the second-hand cotton candy wasn't far behind. Come to think of it, maybe I will go to the CNE this year, if just to ride this ride. I wonder: will I blend?

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To each her own: Stars have mixed feelings on surgery

Winslet, Thompson and Weisz despise cosmetic surgery **Paltrow differs**

JASON MERRITT/GETTY IMAGES

▶ Kate Winslet

EVAN AGOSTINI/THE ASSOCIATED PRESS

▶ Gwyneth Paltrow

Kate Winslet has joined with fellow British actresses Emma Thompson and Rachel Weisz to form the "British Anti-Cosmetic Surgery League," with all three vowing to never go under the knife, she tells the Telegraph.

"I will never give in. It goes against my morals, the way that my parents brought me up and what I consider to be natural beauty," she says.

"I am an actress, I don't want to freeze the expression of my face."

Gwyneth Paltrow, meanwhile, thinks there could be certain situations when some cosmetic surgery isn't out of the question.

"Before I didn't care about it. And I still refuse to use silicone, Botox or other of those gimmicks out of pure vanity," she tells Germany's OK! Magazine. "But a breast correction after breast feeding, why not? There's actually nothing else to restore the original condition, isn't there?"

METRO

Celebrity tweets

@ActuallyNPH

Sorry I haven't tweeted lately. I fear I've run out of things to say. Like we're on an awkward 4th date, staring at each other in silence.

@JessicaSimpson

There are rumors that I was "drunk swaying" at the Adele concert last night. That wasn't drunk swaying, that was professional dancing!

@SarahKSilverman

Just watched my dog walk into the screen door. aah it's the little things...

@rustyrockets

British youths! Good luck with your A-levels, but don't take it too seriously. I've got none and still married a pop star.

Hollywood holds different standards

Jennifer Hudson is thrilled with the weight she's lost, but she didn't always feel fat.

"I didn't even know I was considered plus-sized until I came to Hollywood," she tells Self magazine.

"In the neighbourhood I'm from in Chicago, a 16 is normal. But in Hollywood everyone looks exactly the same, so I stood out." The American Idol runner-up has shed 80 pounds since the birth of her son, David, in 2009.

"I'm prouder of my weight loss than my Oscar," Hudson, who is now a Weight Watchers spokeswoman, says.

METRO

Jennifer Hudson

Tough spot for Bullock

In an effort to cut ties from ex-husband Jesse James, Sandra Bullock has had to halt communications with James' seven-year-old daughter, Sunny, according to Us Weekly.

"Sandra doesn't communicate anymore with Sunny. Sunny never talks about her," a source says. Another source claims that Bullock isn't happy about not being in Sunny's life anymore, but that she "had to move on" from James.

"The last thing she wanted to do was hurt Sunny," says the source. "But she had to do what was best for her."

METRO

Death threats aimed at David

DIMITRIOS KAMBOURIS/GETTY IMAGES

▶ David Letterman

David Letterman has received death threats on a jihadist website popular with members and supporters of al-Qaida, according to Entertainment Weekly.

"He showed his evil nature and deep hatred for Islam and Muslims," a commenter on the site wrote.

"We ask Allah to paralyze his tongue and grant the sincere monotheists his neck."

CBS has no comment on the threats. METRO

Talking points

Michael Kors gets hitched

HAMPTONS. Fashion designer and Project Runway judge Michael Kors tied the knot with longtime boyfriend Lance LePere in the Hamptons this week, according to WWD. "To marry someone as wonderful and special to me as Lance barefoot on a glorious beach is more than I could have dreamed of," Kors says. The ceremony was officiated by the mayor of Southampton, N.Y.

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Sandwiches: The next generation

These combinations give new life to the lunch item that typically includes ham and cheese Experiment with different and unique fillings

MATTHEW MEAD/ THE ASSOCIATED PRESS

Lunch box sandwiches don't have to default to ham and cheese or peanut butter and jelly.

There are plenty of options to mix things up and keep them interesting. Ditching the sliced bread is a good place to start.

Consider making sandwiches on a piece of baguette (or multiple smaller sandwiches on thin baguette slices).

Or if crusty bread isn't your kid's favourite thing, try folding or rolling the fillings in a piece of lavash or naan flatbread.

You can also get creative with fillings.

Sliced meats can be combined with yogurt or cream cheese spreads, and cucumber sandwiches can be made more nutritious and filling by adding hummus.

Cucumber Hummus Sandwich

Preparation:

1. Spread the hummus over half of the naan. Drizzle honey over the other half of the naan. Arrange the cucumber slices over hummus, then sprinkle everything with salt and pepper. Fold the naan in half to form a sandwich.

Chicken and Broccoli Alfredo Sliders

Preparation:

1. In a small bowl, mix together broccoli and alfredo sauce.
2. Arrange chicken over 3 of the baguette slices. Top with broccoli-alfredo mix. Top with a piece of cheese, cut to fit, and remaining bread.

THE ASSOCIATED PRESS

Shopping List:

Cucumber Hummus Sandwich

- 45 ml (3 tbsp) hummus
- 1 piece naan flatbread
- 15 ml (1 tbsp) honey
- 1/2 small cucumber, sliced
- Salt and ground black pepper, to taste

Chicken and Broccoli Alfredo Slider

- 125 ml (1/2 cup) cooked broccoli, chopped
- 50 ml (1/4 cup) prepared alfredo sauce
- 6 small baguette slices
- 125 ml (1/2 cup) cooked chicken meat (such as from a rotisserie chicken)
- 3 slices mozzarella cheese

South Africa in a wine glass

PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA
TWITTER: @THEREALWINEGUY

One of the questions I get asked the most is which wine producing country I enjoy visiting. Winemakers have a habit of growing their grapes in pretty interesting places, so it's tough to answer.

I've had adventures in Italy, Spain, Argentina, California and, most recently, France. That said, my time in South Africa may have been the best combination of new and mind-blowing experiences.

Sadly, South African wines limped along in popularity. Without a major powerhouse producer that draws people down its liquor store aisle on a regular basis, the selection across the country is best known as a population of individuality — where standalone wines with unique personalities and funky names rule.

Douglas Green's 2010 The Beach House ($9.73 - $11.99) is a perfect example. A blend of Sauvignon Blanc and Semillon, it's a relaxed white with fresh gooseberry aromatics and a crisp backbone of green fruit massaged by subtle honeyed undertones that taste like liquid summer. **PRICES REFLECT THE RANGE ACROSS CANADA. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

3 life

Kids vs. veggies

Limit the stress of getting kids to eat their veggies with these tips.

- Offer variety when cooking meals by including cooked and raw veggies.
- Let them pick a new veggie colour for each week's meal plan.
- Try prepared foods. For young kids, mixing pureed or minced vegetables into foods like dips and stews is a good strategy.

NEWS CANADA/ PC.CA

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4 sports

A man with a plan

Andre Levingston launches Canadian basketball league with combine, draft this weekend

RYAN TAPLIN/METRO

▶ Andre Levingston is a founder of Canada's new basketball league.

Andre Levingston has received an earful from critics who tell him there's no way a Canadian pro basketball league can survive.

Others before him have tried and failed, they say.

"I say they've never met anyone like me," he responds.

Levingston is a founder of the fledgling seven-team National Basketball League, which gets off the ground this weekend with a combine and draft in Toronto.

"We know we're only going to get one chance to do it the right way, and so we're not going to blow it," he said.

Since announcing the league's formation in mid-May, four teams have joined the original three, coaching staffs have been hired, and a schedule has been drawn up that will begin Oct. 29 with each club playing 36 games. The top four teams advance to playoffs in March.

The league's early days have made for long ones for Levingston and partner Ian McCarthy, who've spent a good chunk of the past few weeks meeting with mayors and heads of tourism in various Canadian cities.

He calls it a labour of love.

"We've been extremely busy, but at the same time it's something that we truly enjoy, it's a passion of ours first," Levingston said. "We love the game of basketball, and what we're doing for the country, it's been priceless. I wouldn't change it for the world."

The NBL was formed when three existing teams — the Halifax Rainmen (of which Levingston is president and CEO), Saint John Mill Rats and Quebec Kebs — left the Premier Basketball League amid complaints of poor management. Since then, NBL franchises have been formed in London,Ont., Oshawa Ont., Moncton, N.B., and P.E.I.

$4,000
The expected monthly salary for the league's top players.

Several basketball leagues and franchises have failed to survive in the past. The World Basketball League — which included six Canadian teams — was founded in 1987 by a group that included NBA Hall of Famer and Boston Celtics great Bob Cousy. That league, which had a height restriction of six foot five and under, folded in 1992.

The all-Canadian National Basketball League, which included eight teams, started up the same year but barely got off the ground, folding after less than two seasons.

Levingston said he and McCarthy are being careful about who they're allowing to buy into their league.

"We're not looking for individuals who are looking for a hobby of owning a basketball team, making it easy for them to walk away in the process and leaving cities in financial trouble," Levingston said.

"We're looking to do things the right way and we're going to take our time, we're going to make sure the right individuals are on board with what we're doing."

THE CANADIAN PRESS

Quoted

"The commissioner never told me to sign or not sign with particular teams."

MICHAEL VICK. VICK TOLD GQ MAGAZINE THAT HE INITIALLY DIDN'T WANT TO SIGN WITH PHILADELPHIA. THE ARTICLE SAYS VICK WAS CONVINCED TO SIGN WITH THE EAGLES INSTEAD OF CINCINNATI OR BUFFALO AFTER MEETING WITH LEAGUE OFFICIALS. VICK SAYS HE MADE THE CHOICE ON HIS OWN.

Eskimos looking to right offensive tailspin

CFL EXTRA POINTS

DAN TOTH
OTTAWA@METRONEWS.CA

Nobody believed Edmonton could finish first in the West this season, not even the Eskimos, and seven weeks into the season reality is finally setting in.

The Esks followed their surprising 5-0 start with consecutive losses, culminating with a putrid four-point offensive performance in Montreal in their second consecutive loss.

After lighting up the scoreboard through that five-game win streak, the Esks have posted just 20 total points in the last two losses in which opponents have shut down the Green and Gold running game. With Ricky Ray forced to throw, opposing defences have narrowed their focus on pummeling the Edmonton quarterback, recording 10 sacks. In the last two games Jerome Messam has collected just 47 yards along the ground, a far cry from the first five games when he provided the Esks with a balanced and often unstoppable attack.

The Eskies get a reprieve this week against the B.C. Lions, before taking on the Calgary Stampeders in back-to-back contests starting Labour Day.

A sweep and Calgary could be well on its way to first place in the West.

No flipping way:
Give full credit to Saskatchewan's Hugh Charles for his athletic prowess in scoring three Touchdowns against Calgary last week, but can the man not count? His third TD left the hapless Riders 17 points (yes, 17!!!) behind Calgary on the scoreboard yet the last-place Roughies running back was celebrating with backflips. Add selfish behaviour to the long list of problems in Ridervillle.

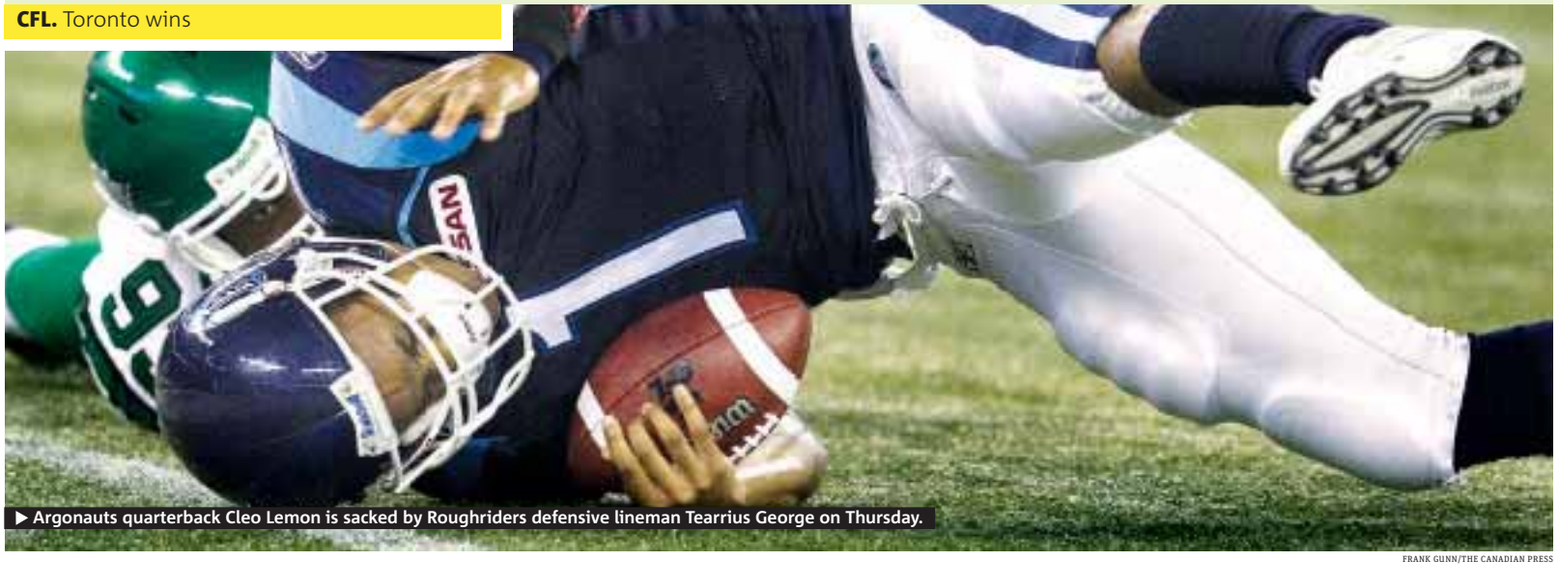
Then came news this week out of Regina that Charles has been sidelined with an injury, preventing him from playing Thursday night in Toronto. The Riders aren't disclosing details, but wouldn't it be ironic if it happened during one of those flip-flops. Maybe Charles slipped on some mustard?

The Eskimos have posted just 20 total points in the last two losses in which opponents have shut down the Green and Gold running game.

Argos leading the crawl to playoffs by a nose:
We're only one-third through the CFL schedule but it's hard to imagine B.C., Saskatchewan or Toronto deserving a berth in the playoffs in November, yet at least one will find a way.

The Argos may have the inside track, with four consecutive games against the Riders and Lions over the next month. A decent showing in the next four weeks could at least secure the Double Blue a crossover spot in the West.

CFL. Toronto wins



▶ Argonauts quarterback Cleo Lemon is sacked by Roughriders defensive lineman Tearrius George on Thursday.

FRANK GUNN/THE CANADIAN PRESS

Argos hold on against Riders

Cory Boyd ran for two touchdowns as the Toronto Argonauts held on for a thrilling 24-18 win over the Saskatchewan Roughriders on Thursday night to halt a six-game losing streak.
Toronto (2-6) earned its first home win over Saskatchewan (1-7) since 2005, a span of six contests. But it didn't come easily as Saskatchewan's Darian Durant erased a 24-4 deficit by hitting Chris Getzlaf and former Argo James Robinson on TD strikes of 70 and 21 yards, respectively. He smartly drove the Riders to the Toronto 19-yard line before twice failing to connect on potential game-winning throws into the end zone, turning the ball over on downs with less than 20 seconds remaining. THE CANADIAN PRESS

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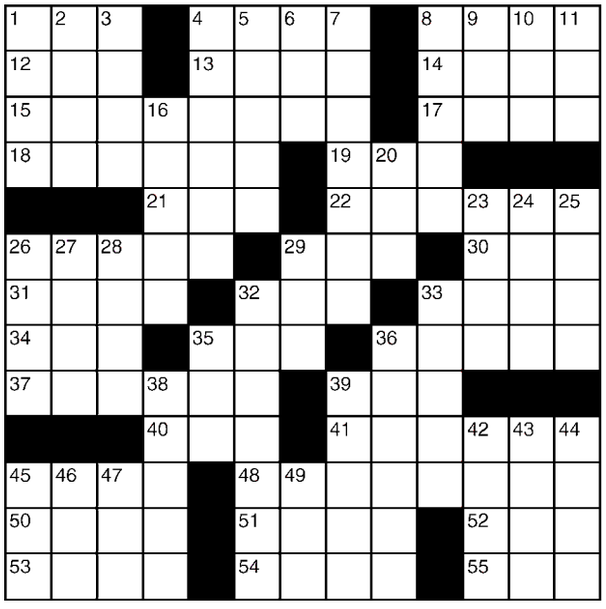

Across

1 West of Hollywood
4 Hebrew month
8 Unrestrained revelry
12 Puncturing tool
13 Broad
14 Languish
15 "Lost in Space" surname
17 Touch
18 Pastor, e.g.
19 Mess up
21 Switch positions
22 Holmes companion
26 Adhere
29 Toast topping
30 — out a living
31 Gentlewoman
32 Scale member
33 Merchandise (Suff.)
34 Whatever number
35 "See ya"
36 Dieter's lunch
37 Trafalgar victor
39 Performance
40 — tree (caught)
41 Gal, to an Aussie
45 Gangster's girlfriend
48 New Jersey city
50 Cheat at hide-and-seek
51 Slender
52 Young boy
53 Overcast
54 Ireland
55 Type units

Down

1 Playwright Connelly
2 Off base
3 North Sea feeder
4 Store canopy
5 Platters
6 Commotion
7 Subscription extension
8 Dizzying designs
9 Chest part
10 Wildebeest
11 Nevertheless
16 O. Henry's specialty
20 Aries
23 Close up tightly
24 Gumbo ingredient
25 Can't do without
26 Family
27 Bowler's place
28 Pastoral work
29 Average guy
32 Link between neurons
33 H2O
35 Jazz style
36 Plot
38 Harness-race vehicle
39 Moving about
42 Wight, e.g.
43 Give temporarily
44 No ifs, —, or buts
45 Driving stat
46 "— the fields we go"
47 Meadow
49 Clay, today

▶ Yesterday's answer

S	N	A	P	■	F	E	A	T	■	B	E	T
A	O	N	E	■	A	R	G	O	■	R	A	H
N	A	N	C	Y	D	R	E	W	■	U	S	E
S	H	A	K	O	S	■	■	E	M	C	E	E
■	■	■	E	N	■	M	A	R	I	E	■	■
B	O	L	D	■	T	A	M	■	S	L	I	T
A	W	E	■	■	R	Y	E	■	■	E	O	N
D	E	E	D	■	E	O	S	■	C	E	N	T
■	■	■	G	O	M	E	R	■	J	O	■	■
W	O	R	S	E	■	■	S	I	E	R	R	A
I	R	A	■	D	R	E	W	B	R	E	E	S
M	E	N	■	I	O	T	A	■	C	A	S	H
P	O	T	■	A	W	A	Y	■	E	R	T	E

Sudoku

	1		8		4		3	
5								8
		7		3		9		
	6	5		9		7	8	
	3			2			9	
	9	4		6		3	1	
		2		8		1		
3								6
	4		1		3		2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

4	3	9	5	6	7	2	8	1
5	8	1	9	4	2	3	7	6
2	6	7	3	1	8	9	5	4
3	9	8	7	5	1	6	4	2
6	1	5	4	2	3	8	9	7
7	2	4	6	8	9	5	1	3
8	5	2	1	3	4	7	6	9
1	7	3	8	9	6	4	2	5
9	4	6	2	7	5	1	3	8

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Ay Bay Bay,
When we first met, we laughed and smiled together. It was the perfect moment and we didn'' even know each other. Ay bay bay, From the first day we talked, to the day we met, I had no idea you would be such an important part of my life. I love you for the person that you are, and what you bring into my life, HAPPINESS. xo. Love always **BIGGIE SMALLS**

Kuwenthi
I love you so much.. your the world to me. Thanks for everything **ASM**

Rachel & Michel , Sending a kiss to my too lovely siblings ..i love u guys so much ..so greatful to have u guys in my life .. God bless ..LOVE Alwaysss .. **UR BIG SIS**

you
I miss you! **FROM ME**

A look at the weather

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

TODAY	SATURDAY	SUNDAY
Min 12° Max 22°	Min 12° Max 22°	Min 15° Max 23°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Today, you would benefit from taking things at a slower pace.

♉ Taurus April 21-May 21 Live for the moment and don't waste a second wondering if you should have done some things differently.

♊ Gemini May 22-June 21 Times always change and you must change with them if you don't want to get left behind.

♋ Cancer June 22-July 22 There is always a simple explanation for life's great events, so stay calm and make the best of your situation.

♌ Leo July 23-Aug.23 If you make some kind of mistake today, don't try to deny it. Fate is forgiving.

♍ Virgo Aug. 24- Sept. 22 You should know by now that the worst rarely happens, and even when it does, it is rarely that bad.

♎ Libra Sept. 23-Oct. 23 Others may worry about you but come tomorrow you will be back to your best — and your best is very good.

♏ Scorpio Oct. 24-Nov. 22 You may be intensely ambitious and desperate to get ahead but today you must slow down a bit.

♐ Sagittarius Nov. 23-Dec. 21 Sometimes, mistakes can be a learning tool. Keep that in mind.

♑ Capricorn Dec. 22-Jan. 20 Don't feel guilty about leaving until later a task that others say should have been done by now.

♒ Aquarius Jan. 21-Feb. 18 It might be wise not to make many plans for the next few days. Everything is subject to change.

♓ Pisces Feb. 19-March 20. Something unexpected may happen, but it's not a good enough reason to hide. SALLY BROMPTON

Caption contest

MARTIN MEISSNER/ THE ASSOCIATED PRESS

RAJANISH KAKADE/ THE ASSOCIATED PRESS

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Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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